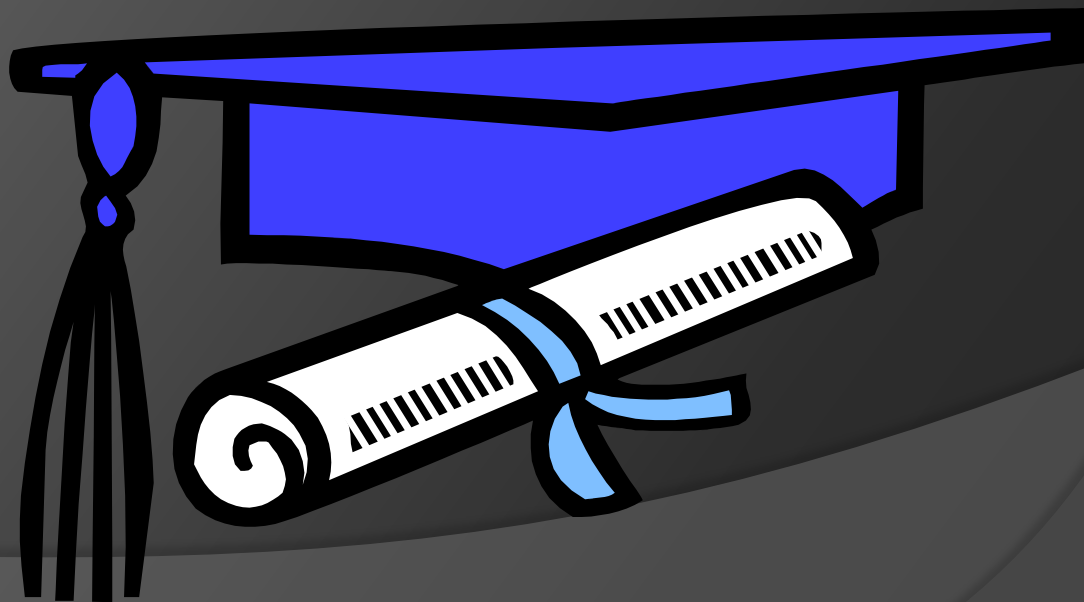


A Workshop for Parents Of Seniors

***YOUR SENIOR YEAR
WHAT YOU NEED TO KNOW***

GRADUATION REQUIREMENTS



Requirements for the Standard Diploma

| | Standard Unit | Verified | Credits |
|-------------------------------|---------------|----------|----------|
| ⦿ English | 4 | | 2 |
| ⦿ Math | 3 | | 1 |
| ⦿ Laboratory Science | 3 | | 1 |
| ⦿ History & Social Science | 3 | | 1 |
| ⦿ Health & PE | 2 | | |
| ⦿ Fine Arts or Practical Arts | 1 | | |
| ⦿ Electives | 6 | | |
| ⦿ Student selected test | | | |
| ⦿ TOTAL | 22 | 1 | 6 |

Requirements for the Advanced Diploma

Standard credits Verified credits

| | | |
|--------------------------|---|---|
| English | 4 | 2 |
| Math | 4 | 2 |
| Laboratory Science | 4 | 2 |
| History & Social Science | 4 | 2 |
| Foreign Language | 3 | |
| Health & PE | 2 | |
| Fine or Practical Art | 1 | |
| Electives | 2 | |
| Student selected test | | 1 |

Total

24

9

SOL TEST DATES

- Sept 20th –Sept 24th SOL Non writing Re-takes
- Oct 20th-21st English Direct writing
- January 10th -26th All Non-Writing test
- March 7th-March 8th English writ multiple choice
- May 2nd All Non writing tests begin

OPTIONS After High School

- Military
- Trade and Technical Schools
- Apprenticeship
- 4 or 2 year Colleges
- Temp Services
- Entry Level Employment
- Vocational Programs

The College APPLICATION PROCESS



WHAT COLLEGES LOOK FOR

Factors That Influence Admissions Decisions

-
- ⦿ Grades in College Prep Courses
- ⦿ Class Rank
- ⦿ SAT/ACT Scores
- ⦿ Grades in all Subjects
- ⦿ Teacher/Counselor recommendations
- ⦿ Essay/Writing Sample
- ⦿ Interview
- ⦿ Work/School Activities
- ⦿ Personal Recognition Programs

AVERAGE SAT SCORES AND GPA'S FOR SELECTED COLLEGES & UNIVERSITIES

| College/University | Verbal | Math | GPA |
|--|----------------|----------------|------------|
| Christopher Newport University | 520-610 | 510-590 | 3.0 |
| The College of William & Mary | 630-730 | 620-710 | 3.0 |
| Hampton University | 470-560 | 460-550 | 2.7 |
| James Madison University | 530-620 | 540-630 | 3.5 |
| Longwood College | 500-580 | 490-570 | 3.0 |
| Norfolk State University | 410-490 | 400-490 | 2.4 |
| Old Dominion University | 480-570 | 480-570 | 2.8 |
| University of Virginia | 610-710 | 620-720 | 3.0 |
| Virginia Commonwealth University | 480-590 | 470-580 | 2.8 |
| Virginia State University | 380-460 | 370-460 | 2.2 |
| Virginia Tech | 540-630 | 560-660 | 3.0 |
| Virginia Union University | 440-560 | 450-550 | 2.2 |
| Virginia Wesleyan College | 440-560 | 450-550 | 2.6 |

SELECTING A COLLEGE



SELECTING A COLLEGE

- Make a personal appraisal
- Determine the characteristics you want in a school
- Narrow the field
- Visit the campus



How to Obtain College Applications

- College Fair October 27, 2010
- Call or write the college admissions office
- Utilize the Heritage High Career Center
- Go on the Web

TESTING

- SAT I & II
- ACT
- ASVAB
- AP Exams May



How do ACT and SAT I Compare

| ACT ACT Assessment | SAT Scholastic Assessment Test |
|---|--|
| Test Fee: \$ 33.00 (\$48 writing) | Test Fee: \$47.00 |
| Test Purpose: Measures academic achievement in English, Math, Reading, and Science Reasoning | Test Purpose: Designed to measure academic aptitude in verbal and numerical reasoning |
| Test Content English, Mathematics, Reading and Science Reasoning | Test Content Verbal, Mathematics and Writing |
| Scoring Scores based on number of correct answers. No penalty for guessing. | Scoring Scores adjusted for guessing. Most incorrect responses carry a penalty of one-third or one-quarter of a point. |
| Score Scales 1-36 | Score Scales 200-800 |

ACT – SAT I

How They Compare

| ACT Composite | SAT I Total (V+M) |
|--------------------------|------------------------------|
| 17 | 850 |
| 18 | 890 |
| 19 | 930 |
| 20 | 970 |
| 21 | 1010 |
| 22 | 1050 |
| 23 | 1080 |

Colleges and SAT Scores

- College admission's departments have not indicated how they will count the writing scores as they relate to acceptance. Therefore, you will only add the critical reading and the math score when identifying college SAT scores for incoming freshman.

FINANCIAL AID AND SCHOLARSHIPS



- **FAFSA**

- **SCHOLARSHIPS**

FINANCIAL AID & SCHOLARSHIPS

- Merit Based
- Athletic
- Community Service
- Career
- Employment/Organizations
- Need Based/Complete the FAFSA

Ways to Research Scholarship Information

- Monthly Bulletins in the guidance office
- Web Sites
(Fastweb,collegeboard,Va.View)
- Books (library, store & guidance career center)
- Newport News Public Schools
www.sbo@nn.k12.va.us
- Heritage High Web Site

STUDENT PORTFOLIO

- ⦿ Three letters of recommendation
 - 2 – school 1 - community
- ⦿ Essay on your future goals and how a scholarship will help you to obtain your goals.
- ⦿ Profile of Activities
 - Community
 - School
 - Volunteer work
 - Employment
- ⦿ Signed transcript cards (submit 2 weeks prior to mailing)
- ⦿ Picture

NCAA REQUIREMENTS

- **Students who are interested in playing a sport at the Division I or II level must complete an NCAA clearinghouse form and meet core requirements.**
- **NCAA Clearinghouse applications can only be submitted after you have completed six semesters.**



WHO'S WHO IN GUIDANCE

- A – Cousins Mrs. LeKeya Massenburg
- Craig - Harris Mr. Irvin Johnson
- Harrison – McBride Mr. Jason Kenner
- McCarty – Schneider Mrs. Connie Sawyer
- Scott – Wilkins Ms. Nakia Holmes
- Williams - Z Mr. Rick Watson
- College Career Mrs. Senecca Draughon
- S.A.C. Mrs. Andy Morris Mann
- Career Coach Ms. Deborah LittleJohn

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AVOID SENIORITIS